

Preparing for a Colonoscopy

Please bring a companion with you to the examination. The examination lasts approximately 30 minutes. Because intravenous sedation (midazolam and fentanyl – medications with sedative, hypnotic, and analgesic effects) is administered prior to the examination, you must not drive for 12 hours after receiving the medication.

You should continue taking any chronic medications. Diabetes and anticoagulant therapy may require adjustments, but this should be done after consultation with your endoscopist and/or family doctor.

Jewelry should be removed before the examination.

EZICLEN (prescription only)

The day before the examination:

The patient drinks the prepared solution – dissolve the contents of the bottle in 0.5 liters of water and drink at least 1 liter of water.

On the day of the examination:

The patient drinks the prepared solution – dissolve the contents of the bottle in 0.5 liters of water and drink at least 1 liter of water. The last dose of water should be consumed 4 hours before the colonoscopy.

DIET AND DURATION OF MEDICATION

The patient cannot eat anything the day before the test, not even breakfast (clear liquids are allowed: except broth, stock, jelly, milk, and thick juices).

For 5-7 days before the test, stop eating foods with seeds – including whole grain bread, bran, oatmeal, etc.

Time of examination	First dose	Second dose	
7:30	14:00	1:30	
8:30	14:00	2:30	
9:30	14:00	3:30	
10:30	14:00	4:30	
11:30	14:00	5:00	
12:30	14:00	6:00	